

Attention 7th and  
8th Graders:  
You are invited to  
**RESTORE:**

**So what exactly is RESTORE Holy Hour?**

It is an opportunity for prayer and adoration, made just for teenagers. Prayers and reflections connect to the lives of young people, There even is praise and worship music mingled with times for silent prayer. RESTORE answers the need young people have in their lives for a break from the chaos of life, It's a place where they can pray and not feel like they need to be perfect... it is time just for them and God.

To fully understand RESTORE you have to experience it.... join us on the second Thursday of the month from 8:30-9:30pm in the Chapel.

**THE NEXT RESTORE HOLY HOUR FALLS ON FEB. 14TH...**  
**WHY NOT SPEND VALENTINE'S DAY WITH**  
**THE ONE WHO LOVES YOU MOST**



**RESTORE, 8:30-9:30PM IN THE CHAPEL**  
**ALL ARE WELCOME!**

Contact Mandy at the Parish Office for more information:  
mkumler@staloyusipwv.org or @stalsyouth on all social media platforms